



FAMILIES LIVING THE GOSPEL REFLECTION



Up to 2 FLG Reflections can count towards the Explore 4 expectation

As a family, complete the following reflection after participating in a Catholic Social Teaching (CST) charity or justice experience together. This experience can either be at SLDM or in the larger community. Also check community events pages, local media, & your child's school.

Family Name: _____

First Names & Grades of Children:

Describe the type of experience you had. What did your family do? Where did your family have this experience?

Circle which type of experience this was.
JUSTICE Removes root causes and improves structures.
CHARITY Meets basic needs and aids individuals.

- Circle which theme of Catholic Social Teaching your family experience addressed.**
- Solidarity
 - Care for God's Creation
 - Rights and Responsibilities
 - Call to Family, Community, and Participation
 - Life and Dignity of the Human Person
 - Option for the Poor and Vulnerable
 - The Dignity of Work and Rights of Workers

How did your family make an impact on those you served?

Where did your family see God in this experience? How did those you served make an impact on your family?

How can your family take what was gained & learned from this experience and apply it to your everyday life?

**See the back of this page for descriptions of each theme and some examples of how to live them out!*

Catholic Social Teaching	Live It Out!
<p style="text-align: center;">LIFE AND DIGNITY OF THE HUMAN PERSON</p> <p>Every human person is created in the image and likeness of God. Therefore, every person's life and dignity must be respected and supported from conception through natural death. We believe that the measure of every institution is whether it threatens or enhances the life and dignity of the human person.</p>	<p>Rosary For Life meets every Wed. at 7:00 pm and Sat. at 8:00 am As a family, cook a meal or bake for a local homeless shelter Compliment someone everyday this week. Practice, and teach your children, respect for the elderly, developmentally disabled, mentally ill, physically disabled. Advocate for public policies that respect human life from conception through natural death. Stop conversations that are prejudicial (re: differences, diversity, racial, ethnic, religious.)</p>
<p style="text-align: center;">CALL TO FAMILY, COMMUNITY AND PARTICIPATION</p> <p>The human person is not only sacred, but social. How we organize our society — socially, economically, legally and politically — directly affects human dignity and the ability of every human person to grow in community. Every person has a right to participate in society and a corresponding duty to work for the advancement of the common good and the well-being of all.</p>	<p>Keep in regular contact with an aging relative; take them to appointments, shopping and on outings. Pray regularly as a family, or in a faith sharing community, with prayers for your community, state, nation and world. Designate one evening a week or one day a weekend for family and friendship activities. Attend municipal council meetings, township meetings or neighborhood meetings. Be a volunteer in your community or a community organization; be a member of a decision-making group such as pastoral council, school board, or a non-profit board.</p>
<p style="text-align: center;">SOLIDARITY</p> <p>We are one human family. We are our brothers' and sisters' keepers, wherever they may be. Loving our neighbor has global dimensions. At the core of the virtue of solidarity is the pursuit of justice and peace. Our love for all of our brothers and sisters calls us to seek a peaceful and just society where goods are distributed fairly, opportunity is promoted equally and the dignity of all is respected.</p>	<p>Participate in ecumenical gatherings; attend ethnic festivals, fiestas, celebrations, etc. Seek out opportunities to know people of other races, cultures and religions.</p>
<p style="text-align: center;">DIGNITY OF WORK AND RIGHTS OF WORKERS</p> <p>The economy must serve people, not the other way around. Work is more than a way to make a living; it is a form of continuing participation in God's creation. To uphold the dignity of work, the basic rights of workers must be respected — the right to productive work, to fair and livable wages, and to organize and join a union.</p>	<p>Provide for those who are unemployed or underemployed by supporting the SLDM Food Pantry! Help someone recognize and appreciate his or her gifts and talents; praise someone for a job well done. Become educated about where the things you buy come from and support companies that treat their employees fairly. Pay a living wage to employees working in traditionally low-paying jobs, but also respect the value of the job being performed and convey a sense of pride to the worker. Respect and show appreciation for all occupations. Shop and buy at local businesses. Share your job knowledge and skills with others. Pray for those who are unemployed, underemployed, or work in hazardous conditions.</p>
<p style="text-align: center;">RIGHTS AND RESPONSIBILITIES</p> <p>Every person has a fundamental right to life — the right that makes all other rights possible. Each person also has a right to the conditions for living a decent life — food, health care, housing, education and employment. We have a corresponding duty to secure and respect these rights for others and to fulfill our responsibilities to our families, to each other and to our larger society.</p>	<p>Vote in every election, exercising your responsibility for participation in decisions that affect the quality of our life together. Advocate for and support local education and training for good jobs Pray for our legislators, our judges and court system.</p>
<p style="text-align: center;">OPTION FOR THE POOR AND VULNERABLE</p> <p>Scripture teaches that God has a special concern for the poor and vulnerable. The church calls on all of us to put the needs of the poor and vulnerable first. This preferential option for the poor and vulnerable should be reflected in both our daily lives and public policies. A fundamental measure of our society is how we care for and stand with our poor and vulnerable brothers and sisters.</p>	<p>Use public transportation whenever possible. Your support helps to insure that public transportation remains available for all. Donate your time, talents and money or other resources to a local food pantry, soup kitchen or homeless shelter. Learn more about the products you purchase. Investigate who makes them and under what conditions they are made.</p>
<p style="text-align: center;">CARE FOR GOD'S CREATION</p> <p>The world that God created has been entrusted to all of us. Our stewardship of the earth is a form of participation in God's act of creating and sustaining the world. In our use of creation, we must be guided by a concern for generations to come. We show our respect for the Creator by our care for creation.</p>	<p>Buy organically grown food when possible and/or plant a garden. Do not purchase or use products that harm the environment. Buy a fuel-efficient vehicle; walk more or ride a bike. Participate in neighborhood beautification projects: plant a tree, clean up trash; organize a park clean-up. Practice the 3 R's...REDUCE, RECYCLE, REUSE</p>